

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNBA

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: NAILI Karim

Coaches: DELCOL Muriel HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN						Heat:5, starttime: 09:40	
Heat: 5/7 Lane : 6 Athlete: VAN HENTENRIJK MATTHIEU						Q-time: 00:26:85	
PB (25m pool): 27.18 Mons 28 Jun 2025						PB (50m pool): 28.72 SB:	
	2 5 M		5 0 M				
PB			27.18				
	27.18						
							

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN							Heat:6, starttime: 09:40	
Heat: 6/7 Lane : 5 Athlete: VATA GJON							Q-time: 00:25:95	
PB (25m pool): 25.55 Sint Amandsberg 12 Nov 2023							PB (50m pool): 27.11 SB:	
	2 5 M		5 0 M					
PB			25.55					
	25.55							
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN						Heat:4, starttime: 10:15		
Heat: 4/4 Lane : 6 Athlete: CAVADINI CAROLINE						Q-time: 02:05:81		
PB (25m pool): 2:03.19 Gent 11 Nov 2017						PB (50m pool): 2:06.33MSB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.30		59.23		1:31.22		2:03.19
	28.30		30.93		31.99		31.97	
								

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNBA

Event number: 21: 50M BREASTSTROKE MEN			Heat:1, starttime: 10:20
Heat: 1/8 Lane : 6 Athlete: TOPBAG SAMI			Q-time: 00:31:92
PB (25m pool): 31.92 Braine l'Alleud 18 Apr 2025			PB (50m pool): 33.21 SB:
	2 5 M	5 0 M	
PB		31.92	
	31.92		
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN			Heat:4, starttime: 10:20
Heat: 4/8 Lane : 2 Athlete: SEYMOUR FELIX			Q-time: 00:30:74
PB (25m pool):			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB			
			

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN			Heat:2, starttime: 10:50
Heat: 2/6 Lane : 1 Athlete: CAVADINI VIRGINIE			Q-time: 00:30:12
PB (25m pool): 29.77 Mons 22 Jun 2019			PB (50m pool): 29.87 SB:
	2 5 M	5 0 M	
PB		29.77	
	29.77		
			

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN			Heat:3, starttime: 10:50
Heat: 3/6 Lane : 2 Athlete: HARTITI MAISSANE			Q-time: 00:29:48
PB (25m pool): 29.15 Mons 26 Oct 2025			PB (50m pool): 29.60 SB:
	2 5 M	5 0 M	
PB		29.15	
	29.15		
			

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNBA

Event number: 24: 50M BUTTERFLY WOMEN						Heat:4, starttime: 10:55	
Heat: 4/6 Lane : 6 Athlete: CAVADINI CAROLINE					Q-time: 00:28:73		
PB (25m pool): 28.54 Mons 27 Oct 2019						PB (50m pool): 28.73M SB:	
	2 5 M		5 0 M				
PB			28.54				
	28.54						
							

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:2, starttime: 11:00	
Heat: 2/9 Lane : 3 Athlete: VAN HENTENRIJK MATTHIEU					Q-time: 00:54:14	
PB (25m pool): 54.26 Mons 26 Oct 2025					PB (50m pool): 56.09 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		25.96		54.26		
	25.96		28.30			
						

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:3, starttime: 11:00	
Heat: 3/9 Lane : 6 Athlete: TOPBAG SAMI					Q-time: 00:53:38	
PB (25m pool): 53.38 Mons 27 Oct 2024					PB (50m pool): 54.84 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		25.53		53.38		
	25.53		27.85			
						

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:9, starttime: 11:05	
Heat: 9/9 Lane : 1 Athlete: VATA GJON					Q-time: 00:51:28	
PB (25m pool): 51.28 Braine l'Alleud 30 Mar 2024					PB (50m pool): 53.72 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		24.69		51.28		
	24.69		26.59			
						

Coach feedback:

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: CNBA

Event number: 27: 4x50M FREESTYLE MIXED							Heat:2, starttime: 11:10	
Heat: 2/2 Lane : 3 Athlete: TEAM CNBA 1							Q-time: 01:41:61	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: